

10760 Thornmint Road San Diego, CA 92127 • P: 855.426.5437 F: 888.351.6818 • www.mykidsplace.zone

Sick Policy



My Kids Place reserves the right to temporarily deny any person admittance to the clinic for reasons of obvious illness, or to request early departure should the following signs/symptoms become apparent during the course of the session. For the health of other people in our care and our providers, it is vital to maintain a strict wellness policy. We ask for parents/caregivers to assist by keeping sick children at home, or if they are sick themselves. We do take into consideration your physician's recommendations, nevertheless, it is up to our discretion when your child may return to in-person sessions.

If you or your child is exhibiting any of the following signs/symptoms, please *text* us at (855) 426-5437 to reschedule their appointment for a later day or as telehealth. We appreciate your understanding.

- Fever: Children will be sent home if their temperature is 100.1deg F or higher. Children must be fever free for 24 hours prior to returning to in-person sessions <u>without</u> the use of fever-reducing medications.
- **Rash:** New or undiagnosed rashes other than common diaper rash or eczema will require a doctor's note confirming that rash is not contagious to return to in-person sessions.
- **Conjunctivitis (pink eye):** If the diagnosis is BACTERIAL, children must have received at least 24 hours of treatment before returning to in-person sessions. If the diagnosis is VIRAL, children may return if there is no discharge from the eye(s). Other diagnoses will need clear documentation from a physician that the condition is not contagious before returning to in-person sessions.
- COVID or Flu
- Stuffy/Runny nose with thick white, green or yellow discharge
- Diarrhea
- Vomiting
- Persistent, hacking cough
- Sore throat
- Lice
- Hand, Foot, and Mouth Disease (HFMD)